



# 2012 Cross Country League #1

**Date: Sat, 31 March 2012**

**Time: 12:00**

<u>EVENT</u>	<u>TIME</u>	<u>DISTANCE</u>
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Race 1	12h00	2km
Race 2	12h20	3km
Race 3	12h45	4km
Race 4	13h15	4km
Race 5	13h50	6km
Race 6	14h35	8km
Race 7	15h40	12km

**Venue:**

**Moelwyn Hughes Park,  
Glenmore  
Cnr Fielden Drive and  
Sphiwe Zuma  
(Queen Mary)  
Avenue  
Umbilo**

**Please note the  
venue change**

## Entry Fees for League Event

R5 for age groups 12 years and younger

R10 for age groups 13 years and older

Temporary Licences R10

Entries will be taken from 11h00 on  
Sat 31th March 2012

**Hosted by Savages AC**

## PARTICIPANTS

Girls & Boys 10 years and under

(One lap of the 2km route)

Girls & Boys 11 & 12 years & Girls 13

(One lap of the 3km route (1+2 km))

Boys 13, 14, 15 years

(Two laps of the 2km route)

Girls 14, 15 & Master Women & Over 35 Women

(Two laps of the 2km route)

Youth Men & Women 16 & 17 & Jnr Women 18 &

19 (Three laps of the 2km route)

Jnr Men 18 & 19, Master Men & Over 35 Men &

Snr Women (4 x 2km)

Snr Men (Six laps of the 2km route)

Refreshments will be on sale

Bring your meat and join us afterwards

for a relaxing braai

Ample safe parking.

**For more information contact:**

**Savages**

**Email: [info@savagesac.co.za](mailto:info@savagesac.co.za)**

**Tele: 078 281 6981**

# The Route

**Start Finish — Moelwyn Hughes Park, Glenmore  
Cnr Fielden Drive and Sphiwe Zuma Avenue  
(Queen Mary) Umbilo**

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