



SAVAGES ATHLETIC CLUB

THE CLEFT STICK

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18/04/2011 - 30/09/2011



Visit our photo gallery and have a look at our History in the making. We add to the gallery after every event where possible.



NEWS FLASH

- Congratulations to the New Committee
- Savages AGM
- Be aware on the road
- Results, results and more results
- Doing it for Charity
- Savages Challenge 24 July 2011
- Comrades Marathon 2011

Savages Committee - 2011/2012

Congratulations to the newly appointed Savages Committee for 2011/2012.

Portfolio	Committee Member
Chairman	Kevin Bradfield
Vice Chairman	Jim Stanton
Treasurer	Debbie Honneysett
Secretary	Claire Yunnie
Member	Alex Jeffreys
Member	Nandus Moolman
Member	Dave Williams
Member	Jabulani Mzobe
Co-opted Accountant	Robin Honneysett



Missing from the pic: Nandus Moolman and Alex Jeffreys

Savages AGM

The 51st Savages AGM was held on 14th September 2011 at the Club House.

Highlights of the evening:

- Subs will not be increased for the 2011/2012 year
- Over 70s - free
- We will not be relocating the Club House anytime soon
- Our sponsored runners are doing well - 4 members were selected to go to Cross Country Champs in Bloemfontein - Makosi, Tebogo, Elias and Blanche. Results on page 9.
- The club has done very well and is an excellent financial position
- +/- R12 000 donated to Durban Children's Home. Funds were raised from club members and the race.



Comrades Marathon 2011

Another successful Comrades Marathon, for some people, is a thing of the past. In fact, entries have opened for the 2012 Comrades Marathon.

We had a lovely pre-Comrades Pasta party at the Club on Friday evening. Delicious food was provided by the ladies and runners had fun applying their creative sides and predicting their time.



Greg gave his prediction a lot of thought which clearly paid off as he was the closest to his predicted time, and took home the Kitty.



Comrades Marathon Day was a lovely day and all the Savages runners started the race in good spirits. Unfortunately, for a few runners, it was going to be a very long day with a number of people pulling out early on. But, most runners stuck to their guns and completed the worlds most amazing race.

Comrades Results

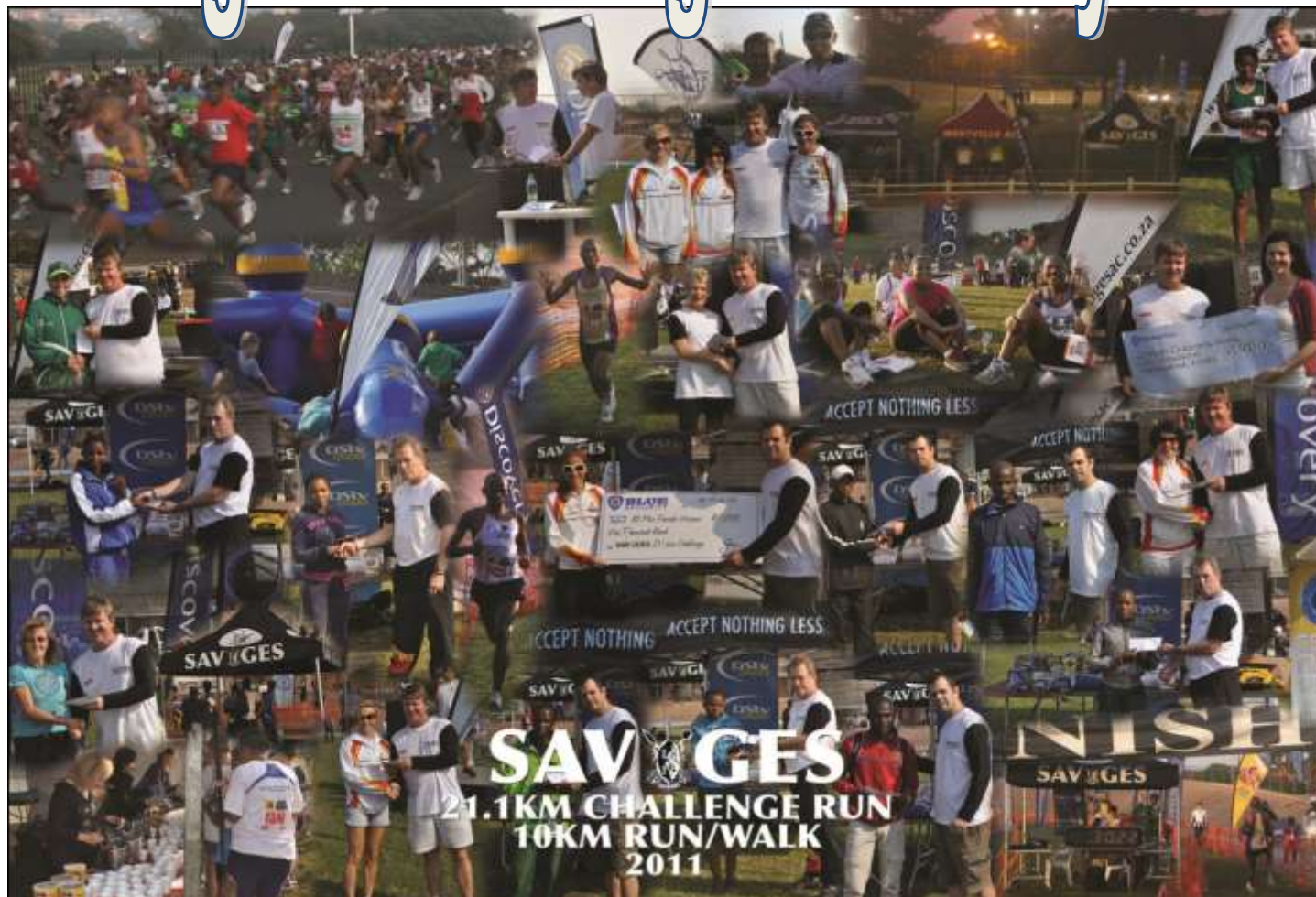
First Name	Last Name	Gun Time	Medal	First Name	Last Name	Gun Time	Medal
Boysie	Van Staden	08:04:05	Bill Rowan	Tilda	Tearle	10:52:09	Bronze
Rob	Thomson	08:42:53	Bill Rowan	Garth	Van Den Bergh	10:52:35	Bronze
Paul	Stewart	08:47:19	Bill Rowan	Mbekeseni	Mchunu	10:54:41	Bronze
Emma	Watts	09:11:12	Bronze	Greg	Glossop	10:55:10	Bronze
Emmanuel	Mkhwanazi	09:16:31	Bronze	Susan	Andrews	10:55:10	Bronze
Matthew	Would	09:18:17	Bronze	Judith	Mlaba	10:55:35	Bronze
Brad	Chislett	09:21:30	Bronze	Thembinkosi	Ngcobo	10:58:06	Bronze
Quentin	Hurt	09:23:21	Bronze	Dave	Dale	10:58:15	Bronze
Shaun	Rietveld	09:40:55	Bronze	Philip	Tozer	11:00:14	Vic Clapham
Brett	Florens	09:43:16	Bronze	Thandekile	Sokhela	11:03:22	Vic Clapham
Mark	Balladon	09:46:44	Bronze	Thabani	Sosibo	11:14:51	Vic Clapham
Nico	Gey Van Pittius	09:57:37	Bronze	Alfred	Masombuka	11:18:51	Vic Clapham
Sithembiso	Luthuli	09:57:42	Bronze	Grant	Arbutnot	11:21:13	Vic Clapham
Casper	Kempen	09:57:48	Bronze	Yolandi	Luyt	11:22:28	Vic Clapham
Mandla	Zuma	09:57:57	Bronze	Mandy	Fuller	11:24:58	Vic Clapham
Nandus	Moolman	09:59:59	Bronze	Deidre	Maree	11:28:55	Vic Clapham
Thembinkosi	Buthlezi	10:06:48	Bronze	Pierre	Maree	11:28:56	Vic Clapham
Gisele	Anderson	10:20:57	Bronze	Clinton	Roos	11:29:40	Vic Clapham
Roger	Parry	10:36:07	Bronze	Doug	Kirton	11:41:00	Vic Clapham
Alan	Boulle	10:42:28	Bronze	Gordon	Diener	11:43:49	Vic Clapham
Sam	Kidgell	10:43:14	Bronze	David	Williams	11:47:03	Vic Clapham
Rowan	Kirton	10:44:16	Bronze	Greg	Glanville	11:54:14	Vic Clapham
Billy	Patel	10:47:31	Bronze	Stan	Giani	11:54:46	Vic Clapham
Jabulani	Mzobe	10:48:50	Bronze	Elias	Mahlaba	11:57:22	Vic Clapham



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Savages Challenge - 24 July 2011



With the enormous assistance, offered by club members and other friends, we recently held our annual Savages Challenge. (24 July 2011)

Initially there was some apprehension regarding the date, being, post comrades etc. All fears were overcome when we successfully hosted close to 1400 persons in the 21km and 10km events.

We have received a number of very positive responses from participants as to the organisation of the event. It did help that we had awesome weather on the day, just beating the icy conditions that followed the following day.

To our sponsors, a big debt of gratitude to you for your support. We were able to offer all participants and officials event T-shirts, which I am happy to say, have been seen out there in the public.

Thank you to the Race Committee for all the time offered in getting us to race day, and to all helpers on the day. The organisation of an event is no "walk in the park", but made much easier with member support.

Finally, to the City of Durban, you were great out there on the road. Thanks you for helping in ensuring a safe event.

Results and Photos are available on our website.

www.savagesac.co.za/Race.php



Race Results

Ballito 21km Run/Walk

<u>Time</u>	<u>First Name</u>	<u>Surname</u>	<u>Gender</u>	<u>Event</u>
01:28:48	Juan	Botsis	Male	21.1km Run
01:30:17	Jp	Stewart	Male	21.1km Run
01:51:37	Zoe	Buchan	Female	21.1km Run
01:52:47	Gary	Camps	Male	21.1km Run
01:53:07	Luc	Quevauvilliers	Male	21.1km Run
01:53:51	Emma	Watts	Female	21.1km Run
01:53:51	Mark	Balladon	Male	21.1km Run
01:55:08	Marc	Desplace	Male	21.1km Run
01:55:41	Robert John	Richey	Male	21.1km Run
01:56:01	Gisele	Anderson	Female	21.1km Run
01:57:09	Samantha	Kidgell	Female	21.1km Run
01:59:40	Thembinkosi	Ngcobo	Male	21.1km Run
02:06:26	Tilda	Tearle	Female	21.1km Run
02:17:31	Greg	Glossop	Male	21.1km Run
02:17:31	Susan	Andrews	Female	21.1km Run
02:52:27	George	Lucey	Male	21.1km Run
03:14:40	Graham	Watts	Male	21km Walk
03:21:09	Gwenda	Watts	Female	21km Walk

Ballito 10km Run/Walk

<u>Time</u>	<u>First Name</u>	<u>Surname</u>	<u>Gender</u>	<u>Event</u>
01:12:59	Neil	Short	Male	10km Run
01:18:53	K M	Valjee	Female	10km Run
01:31:57	Maria Elena	Ehlers	Female	10km Run

Dick King 21km

<u>Time</u>	<u>Surname</u>	<u>First Name</u>	<u>Gender</u>	<u>Event</u>
01:41:20	Rietveldt	Shaun	Male	21km
01:51:09	Mzobe	Jabulani	Male	21km
01:52:37	Simpson	John	Male	21km
01:53:40	Boulle	Alan	Male	21km
02:00:52	Roos	Clinton	Male	21km
02:03:33	Bradfield	Kevin	Male	21km
02:04:46	Williams	J	Male	21km
02:06:25	Giani	Stan	Male	21km
02:10:30	Gqwaru	N S	Male	21km
02:11:46	Van Tonder	J	Male	21km
02:22:21	Majola	Trevor	Male	21km
02:28:21	Luyt	Yolandi	Female	21km
02:36:22	Bradfield	Michelle	Female	21km

Chatsworth 25km

<u>Time</u>	<u>Surname</u>	<u>First Name</u>	<u>Gender</u>	<u>Event</u>
01:58:34	Mchunu	Mbhekiseni	Male	25km
02:05:51	Van Staden	Boysie	Male	25km
02:12:12	Rietveldt	Shaun	Male	25km
02:22:51	Mzobe	Jabulani	Male	25km
02:28:46	Cilliers	Eliza	Female	25km
02:30:09	Maree	Deidre	Female	25km
02:30:29	Glanville	Grey	Male	25km
02:30:35	Maree	Pierre	Male	25km
02:34:17	Andrews	Susan	Female	25km
02:35:37	Glossop	Greg	Male	25km
02:41:55	Williams	Jonathan	Male	25km
02:42:12	Dyne	Andrew	Male	25km
02:54:27	Tearle	Clive	Male	25km
03:39:29	Mthiyane	Thuli	Female	25km

Chatsworth 52km

<u>Time</u>	<u>Surname</u>	<u>First Name</u>	<u>Gender</u>	<u>Event</u>
04:19:43	Stewart	Paul	Male	52km
04:44:59	Sosibo	Thabani	Male	52km
04:47:59	Chisleh	Brad	Male	52km
04:50:06	Zuma	Mamdih	Male	52km
05:01:22	Gey Van Pittius	Nico	Male	52km
05:20:21	Would	Matthew	Male	52km
05:37:19	Mlaba	Judith	Female	52km
05:45:06	Balladan	Mark	Male	52km
05:52:01	Tearle	Tilda	Male	52km
06:04:52	Nicol	J J	Male	52km
06:07:08	Boulle	A J	Male	52km
06:09:57	Williams	David	Male	52km
06:35:47	Van Den Bergh	Garth	Male	52km

Exxaro 42km Run

<u>Time</u>	<u>Surname</u>	<u>First Name</u>	<u>Gender</u>	<u>Event</u>
05:40:02	Mthiyane	Thuli	Female	42km

Savages 21km Run/Walk

<u>Time</u>	<u>First Name</u>	<u>Surname</u>	<u>Gender</u>	<u>Event</u>
01:32:52	Matthew	Would	Male	21.1km run
01:37:07	Mbhekiseni	Mchunu	Male	21.1km run
01:54:23	Gary	Camps	Male	21.1km run

Savages 10km Walk

<u>Time</u>	<u>First Name</u>	<u>Surname</u>	<u>Gender</u>	<u>Event Entered</u>
00:33:26	Sthabiso	Mkhize	Male	10km Run
00:52:35	Mark	Buckthorp	Male	10km Run



Race Results



ECR Big Walk—20km

<u>Time</u>	<u>Surname</u>	<u>First Name</u>	<u>Gender</u>	<u>Event</u>
02:32:46	Florens	Andrea	Female	20km Walk
02:41:23	Haynes	Carina	Female	20km Walk
03:01:42	Watts	Glenda	Male	20km Walk
03:01:43	Watts	Graham	Male	20km Walk

Dick King 21km

<u>Time</u>	<u>Surname</u>	<u>First Name</u>	<u>Gender</u>	<u>Event</u>
01:41:20	Rietveldt	Shaun	Male	21km
01:51:09	Mzobe	Jabulani	Male	21km
01:52:37	Simpson	John	Male	21km
01:53:40	Boulle	Alan	Male	21km
02:00:52	Roos	Clinton	Male	21km
02:03:33	Bradfield	Kevin	Male	21km
02:04:46	Williams	J	Male	21km
02:06:25	Giani	Stan	Male	21km
02:10:30	Gqwaru	N S	Male	21km
02:11:46	Van Tonder	J	Male	21km
02:22:21	Majola	Trevor	Male	21km
02:28:21	Luyt	Yolandi	Female	21km
02:36:22	Bradfield	Michelle	Female	21km

Mtunzini 16km Run/Walk

<u>Time</u>	<u>Surname</u>	<u>First Name</u>	<u>Gender</u>	<u>Event</u>
01:21:37	Moolman	Nandus	Male	16km Run
01:34:02	Watts	Emma	Female	16km Run
01:37:51	Lees	Dave	Male	16km Run
01:41:06	Anderson	Giselle	Female	16km Run
01:41:47	Kidgell	Sam	Female	16km Run
01:47:40	Bradfield	Kevin	Male	16km Run
01:52:36	Dale	Cathy	Female	16km Run
01:52:37	Dale	Dave	Male	16km Run
01:57:26	Cox	Marilyn	Female	16km Run
02:00:47	Standton	Jim	Male	16km Run
02:00:58	Bazley	Charmaine	Female	16km Run
02:03:01	Yunnie	Claire	Female	16km Run
02:10:28	Bradfield	Michelle	Female	16km Run
02:15:09	Short	Neil	Male	16km Run
02:17:50	Honeysett	Debbie	Female	16km Run

Sardine 21km

<u>Time</u>	<u>Surname</u>	<u>First Name</u>	<u>Gender</u>	<u>Event</u>
01:32:23	Rook	Mike	Male	21km
01:52:24	Cilliers	Elize	Female	21km
01:53:49	Rook	Wendy	Female	21km
01:57:06	Anderson	Gisele	Female	21km
02:12:20	Bradfield	Kevin	Male	21km
02:18:15	Bazley	Charmaine	Female	21km
02:41:42	Bradfield	Michelle	Female	21km
02:44:52	Honeysett	Debbie	Female	21km

Queensburgh 21km

<u>Time</u>	<u>Surname</u>	<u>First Name</u>	<u>Gender</u>	<u>Event</u>
02:00:26	Watts	Emma	Female	21km
02:03:48	Giani	Stan	Male	21km
02:06:53	Mlaba	Judith	Female	21km
02:12:02	Boulle	Alan	Male	21km
02:12:06	Maree	Deidre	Female	21km
02:12:08	Maree	Pierre	Male	21km
02:14:16	Stanton	Jim	Male	21km
02:14:22	Lees	Dave	Male	21km
02:14:27	Akal	Christopher	Male	21km
02:17:07	Williams	David	Male	21km
02:20:52	Anderson	Gisele	Female	21km
02:20:53	Luyt	Yolandi	Female	21km
02:47:32	Lucey	George	Male	21km

Time Trial League

Time Trial League - April

<u>Time</u>	<u>First Name</u>	<u>Surname</u>	<u>Gender</u>	<u>Event</u>
00:22:16	Emma	Watts	Female	4,5km
00:24:24	Samantha	Kidgell	Female	4,5km
00:25:04	Gisele	Anderson	Female	4,5km
00:32:42	Jp	Stewart	Male	8km Veterans
00:35:30	Andy	Pollard	Male	8km Veterans
00:38:17	John	Simpson	Male	8km Veterans
00:39:36	Raymond	Meyer	Male	8km Veterans



Time Trial League



<u>May (Chiltern)</u>				
<u>Time</u>	<u>First Name</u>	<u>Surname</u>	<u>Gender</u>	<u>Event</u>
00:27:32	Michelle	Bradfield	Female	4km
00:40:10	Raymond	Meyer	Male	8km Veterans
00:40:54	JP	Stewart	Male	8km Veterans
00:45:16	Kevin	Bradfield	Male	8km Veterans

<u>June (Stella)</u>				
<u>Time</u>	<u>First Name</u>	<u>Surname</u>	<u>Gender</u>	<u>Event</u>
00:26:30	Claire	Yunnie	Female	5km
00:31:12	Matthew	Would	Male	8km Senior
00:31:43	Michelle	Bradfield	Female	5km
00:32:02	JP	Stewart	Male	8km Veterans
00:33:26	Boysie	Standen	Male	8km Veterans
00:37:17	Raymond	Meyer	Male	8km Veterans
00:37:18	John	Simpson	Male	8km Veterans
00:41:45	Kevin	Bradfield	Male	8km Veterans

<u>July (Queensburgh)</u>				
<u>Time</u>	<u>First Name</u>	<u>Surname</u>	<u>Gender</u>	<u>Event</u>
00:19:17	Emma	Watts	Female	4km
00:23:39	Claire	Yunnie	Female	4km

<u>September (Riverside)</u>				
<u>Time</u>	<u>First Names</u>	<u>Surname</u>	<u>Gender</u>	<u>Event</u>
00:19:50	Claire	Yunnie	Female	4km
00:29:56	JP	Stewart	Male	8km Veterans
00:31:12	Nandus	Moolman	Male	8km Seniors
00:31:30	Andrew	Pollard	Male	8km Veterans
00:32:01	Mike	Rook	Male	8km Veterans
00:32:01	Don	Colborne	Male	8km Veterans
00:35:08	John	Simpson	Male	8km Veterans
00:36:24	Raymond	Meyer	Male	8km Veterans
00:39:52	Kevin	Bradfield	Male	8km Veterans
00:41:05	DH	Williams	Male	8km Veterans

League Current Standings

LADIES			SENIOR MEN			VETERAN MEN		
		Total			Total			Total
1	DHSOB A	158	1	Stella A	160	1	Westville A	153
2	Chiltern A	154	2	Stella B	140	2	DHSOB A	151
3	Queensburgh A	135	3	Queensburgh A	137	3	Chiltern A	141
3	Stella A	131	4	Westville A	130	4	Westville B	126
5	Chiltern B	123	5	Chiltern A	128	5	Stella	106
6	Westville	108	6	PDAC	104	6	PDAC	102
7	DHSOB B	94	7	Queensburgh B	93	7	DHSOB B	99
8	Queensburgh B	92	8	DHSOB A	88	8	Savages	97
9	Savages	75	9	Westville B	48	9	Chiltern B	84
10	Sydenham	59	10	Queensburgh C	46	10	Westville C	82
11	Riverside	58	11	Midlands	39	11	Riverside	39
11	Stella B	57	12	Savages	38	12	Queensburgh	30
13	Chiltern C	42	12	Sydenham A	37	13	Westville D	27
14	PDAC	40	14	Stella C	35	14	Savages B	25
15	Queensburgh C	27	15	Riverside	31	15	DHSOB C	21
16	Eskom Gijimas	22	16	Chiltern B	24	16	Westville E	17
17	Queensburgh D	15	17	Sydenham B	20	17	Midlands	10
18	DHSOB C	15	18	DHSOB B	11	18	PDAC B	9
19	Westville B	11				19	Stella B	9
20	Queensburgh E	11				20	Westville F	8
21	Chiltern D	8						
22	Athletics North	7						



OLD MUTUAL TWO OCEANS MARATHON

Saturday 7 April 2012

Media release

For Immediate Release

Date: Wednesday 7 September 2011

ONLINE ENTRIES FOR WORLD'S MOST BEAUTIFUL MARATHON OPENING SOON

Online entries for the 2012 Old Mutual Two Oceans Marathon, the country's biggest road running event, open on 5 October 2011. The event takes place on Easter Saturday 7 April 2012, and is expected to attract yet another record field if this year's figure of over 30 000 entrants across all the distances is anything to go by.

This year sees the entry process split and from 5 October 2011, participants will be able to enter online for the 56km ultra marathon and the fun runs only. Entries for the 21km half marathon will open on 9 November 2011, which is also when entry forms for both events will be available in sports stores around the country.

Entries for the trail runs will open on 18 January 2012, and trail enthusiasts wanting to secure their spot in this popular event **will need to enter as soon as possible, as entries sold out in less than a day for this year's event.**

Due to a renewed interest amongst the ultra marathon running fraternity, participants are encouraged to get their qualifying marathon done as soon as they can and to submit their entry to avoid disappointment. The qualifying window is 1 September 2011 to 7 March 2012. South African entrants wanting to run the ultra marathon must belong to a registered running club and have a valid provincial licence number, as no temporary licences will be issued for the 56km event.

Half marathon runners will be pleased to know that 16 000 entries will be made available for next year's event. The field has been increased in consultation with various role players, including the City of Cape Town's disaster management team, medical services, University of Cape Town and the traffic authorities.

The race organisers have also extended the seeding times for the various starting batches and introduced a new route for the first ten kilometres of the half marathon, which will see participants make their way to the M3, up Edinburgh Drive and back onto the old route in Constantia, which will help to alleviate the congestion experienced at the start.

Online entries close on 7 March 2012 or when 16 000 entries for the half marathon and 11 000 for the ultra marathon are reached – whichever comes first. Participants are encouraged to enter online at www.twooceansmarathon.org.za. Alternatively, entry forms can be downloaded from the website, or picked up from leading sports shops and running clubs country-wide from November 2011.

The race office is also excited to announce that runners will now be able to downgrade, upgrade, substitute or do seeding changes online. **Participants should visit the event's new website at www.twooceansmarathon.org.za** for more details and to check out the new marketing campaign for the 2012 event.

Issued by: Old Mutual Two Oceans Marathon Race Office
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OLD MUTUAL TWO OCEANS MARATHON
The world's most beautiful marathon.

BE AWARE ON THE ROAD Especially with Robin Honneysett...

On Wed 20th July 2011, I left work at 4.00pm and went to Savages Club house to meet Debbie and offload all the Savages Race "stuff" (Coffee, tea, cups, sugar, etc) and afterwards we had a debate as to whether to go for a run or not. We decided to go for a short run.

So off we went along NMR Ave (new name "??ungase??" – can't remember, can't spell it – Uh, Lillian Ngoye Robin) and we both remarked how heavy our legs were, but we battled along through the tunnel onto the "nice new beach promenade " **where, to digress from my story**, on Tuesday 13/9/11 at 5.30pm, Debbie and a friend were running back from Suncoast towards the tunnel and a young thug ran between them and pushed Debbie to the ground (luckily she fell onto the grass) and sat on her and said phone, phone, phone, and started feeling all over her for a phone. Her friend (Lauren) started screaming and it seemed to frighten him away. According to Lauren he had a knife – Debbie did not see the knife and was too shocked to use her pepper spray. Lauren drove past the next night and the little bastard was there again. A few months ago Wendy Rook was running in this area with four other girls and was attacked by probably the same thug. I went to the Police Station next to the beach swimming pool and reported this and they said they would patrol, which according to club members who ran past the tunnel on Thursday, the SAPS were patrolling in the area. *Ladies you have been warned*

Be extra careful not only here but wherever you run.

To return to my story, we hit the "muggers' paradise" and by the time we got to Blue Lagoon and turned into Athlone Drive I was going like a Boeing (so I thought – a top runner would probably think it was the speed of a steam train going up a steep incline. Come to think of it I probably sounded like a steam train with all my huffing and puffing to keep up to Debbie.)

We ran along Athlone drive and I went ahead and by the time we turned into NMR Avenue Debbie was just behind me. The next thing I felt her one foot clip my ankle and down I went – she tripped me because she could not pass me!!!!

The aforementioned paragraph did not really happen – we were running together and I stumbled and tried to "tuck and roll" but got my rolls mixed up with my tucks and tucked my shoulder on to the pavement and as I hit the pavement I heard "kreek".

I lay there for a few seconds and thought my hand was on my stomach but when I looked on the ground. I got up and picked my arm up and supported it with my other arm and started walking back to the club.

About half way back to the club there was a fire hydrant and I said to Debbie "I have to sit down and promptly sat on the hydrant and put my head on the Country Club fence and passed out and had the weirdest dream out (which now I can't even remember what it was about.) Can you imagine what passing motorists thought – **"Look at that drunk slouching on the fire hydrant sleeping against the fence."**

When I returned to the land of the living Debbie said I kept on saying "Where am I".

However we walked back to the club and I sat in my car while Debbie went home to fetch Doreen to drive my car to the hospital. Eventually they arrived and off to the hospital – another problem – every time Doreen applied the brakes for obvious reasons, (like stopping at a robot or slowing down) my arm felt like it was going to fly forward through the front window and was very painful) I said to her "Stop using the brakes" which she got quite annoyed about. I don't blame her as it is very difficult to drive a car without using the brakes.

We ended up at Entabeni hospital in the Trauma ward and was sent for X-rays, the result being – **"your arm it is broken"** Another problem – I was obviously still wearing my running clothes and the shirt that I was wearing was my Sani Pass Race shirt, which I am very proud of – They could not get it off over my head, so they CUT it off me. My best shirt!!!

I told Doreen that she would have to stitch it together and she told me "to get over it".

The next day (Thursday) 5.00pm I was wheeled into theatre and they inserted a steel pin and three screws and on Friday I was discharged.

The only part of all this that I am cross about is – If I had been running down Sani Pass in the Sani Stagger and fallen and broken my arm – that's understandable, but not along NMR Avenue.

It is now 8 weeks later and things are looking good. I have been for a few short runs and can't wait to come face to face with our friend in "muggers' paradise".

Doing it for Charity!

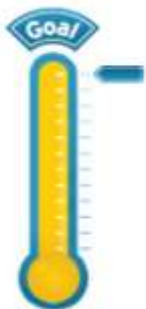
Dear Kevin and all the Savages Team,

On behalf of all the children and staff at Durban Children's Homes, I wanted to extend to all at Savages Athletics Club our heartfelt gratitude for the generous R6500 raised at the 10km/21km challenge. In addition we are so delighted with the R869.75 recently donated through Back A Buddy from the club night collections.

We feel incredibly blessed to have your support and to have friends like you who care so much about the children in our care. You are making a big difference by contributing to the work that we are doing with young people!

We really appreciate it.

Yours Faithfully
Claire Binneman



Donations to date
R 12 231.75
Fundraising target
R 10 000.00

Well done everyone!

Just in case you were wondering how well Savages have done in the last year with regards to meeting their target for the Durban Children's Home!

We set a target of R10 000 and have donated **R12 231.75** to date.

Well done everyone—let's keep up the good work.

Remember that donations can be made at the Club every Tuesday and Thursday. So the next time you crack open a cold one, think of the children. And make a donation.

Cross Country Champs

A team from KZN attended the Cross Country Champs held in Bloemfontein on the 17th September 2011.

4 members from Savages were selected for the team. Results were generally not great but our Savages runners made us proud.

Tebogo Khanyi - Senior Men (12km) - 43:11 - 62 out of 69
Makhosi Mhlongo - Senior Women (8km) - 31:52 - 19 out of 32
Elias Mahlaba - Men (Age 55-59) (8km) - 33:03 - 3 out of 17
Blanche Moile - Women (Age 50 - 54) (4km) - 19:16 - 7 out of 18.



Elias was awarded a Bronze Medal for his excellent run. Well done Elias!

Elias can be seen here on the left with his Comrades Triple Green

KZN won team prizes in the following categories:

Men 30 - 34 : Silver	Women 35 - 39: Bronze
Women 40 - 44: Silver	Men 45 - 49: Bronze
Women 50 - 54: Gold	Women 55 - 59: Gold
Men 60 - 64: Gold	

iNsingizi Trail Run - Claire Yunnie



Nandus and I decided to participate in the inaugural iNsingizi Trail Run with distances of 5km, 9km and 18km. I figured - 18kms - **it can't be** that bad can it? I was somewhat mistaken.

Don't get me wrong - this was a beautiful if very challenging run. We

started out with a 4 km climb up the side of the mountain. And then another 3km down the other side. By the time we got to the water table at about 7km, I was about ready to downgrade to the 9km. But we persevered, and the second 9km was much more manageable, apart from a 150m straight up climb - lots of mountain bike track and through the sugar cane fields. We finished.... Eventually....

Race statistics and results

114 entries and 105 runners

5km - Natasha Hartman: 27.27 1st girl (12years old),

Dylan Wood: 31.36 1st boy (7 years old),

5km - Heather Bell: 34.5, Ray Hartman: 31.36

9km - Julia Hackland: 48.26, Dave Pons: 54.44

18km - Belinda Padbury: 1.47.52, Mduduzi Ngongo: 1.31.52

Next year iNsingizi are hoping to do a 3 run series – one of which might be a night run.

Check out www.insingizi.co.za



RIVERSIDE SPORTS TRAIL

12 HOUR RELAY REPORT



Thanks to Kevin Bradfield of Savages Running Club we were able to find another group to challenge. It would appear from the general response that the sound of 12 hours of trail running in relay must have been a bit off putting. Initially it was going to be a 24 hour run but after discussing it with a few fellow trail runners it was felt that maybe half the time would be a good starting point.

We could not have been more blessed than to have the Savages Club as competition. Being an Old Boy of the Club myself I can confirm that the Club spirit and competitiveness has not waned in the past twenty something years. Their organisation was something to behold. Each runner was recorded on a computerised schedule, the trailer was pushed into place, the gazebo was erected with coffee, tea and tee on tap. What was very impressive was seeing JP ready for action well before 03h00.

After selecting our team there were a few late positive responses which prompted us to create a second team. Following a few phone calls we enrolled some imports from Athletics North and Westville to make up the team of ten.

THE RACE

At 03h00 sharp three enthusiastic runners set out into the darkness with head lights blazing on fully charged batteries. The three **stuck together for the first lap to confirm the route before JP, one of the day's "racing snakes", took off into the night.** The trail was quite wet due to the heavy rain the night before and some of the banks were fairly slippery. By 04h30 the second runners of each team had taken over. At this point it was still pitch black. Temba from Riverside Sports was the lap counter. He was recording each runner who passed his table on a grid that would be later used to establish the winning team. At 06h30 he had to leave because of other duties he had to perform. Temba thanks for being so reliable and agreeing to assist in the dead of night.

After a brilliant sunrise the cold wind dropped off to let in some humidity. Thanks to a donation of still water by the resident SPUR steakhouse, runners were kept fully hydrated as they completed lap after lap. It was a busy time for the team Captains welcoming runners to the start venue and saying goodbye to others. Some runners came, ran and stayed, others arrived ran and left due to other commitments. Around about midday the heavens opened up and forced the competitors to find shelter under the Savages gazebo. By 13h00 we were forced to move upstairs as the rain was now being blown in by gusty wind. Upstairs we found the bar and braai so this completed our Heritage Recipe "Running, beer and braai."



After lunch it was a case of keeping the laps ticking over with a full stomach and maybe the odd beer here and there.

RESULT and STATISTICS

1. The three teams of 10 persons completed 256 laps in the twelve hours of running.
2. Riverside Sports Trail team won the challenge with 89 completed laps with Savages next with 87 laps and the invitation team third with 80 laps.
3. **Without proper timing in place it was gauged that the fastest laps were run by either Fallipo Farella or Savage's J.P. – both racing snakes of note.**
4. Mandy Walters completed the most laps during the day with 15.
5. Seven runners did more than 10 laps.
6. After removing the seven above the average of the remaining 23 runners was 7 laps.
7. It was wonderful to have Kenny Craig participating in the fun and adding his many years of experience to the Savages team. Another notable Legend was Dave Williams who added 12 laps to his team.

THANKS

My sincere thanks to all those you took part. It was a Heritage Day to be remembered with some fine running, good company and a few drinks and a braai with friends and family. Also another big tanks to Kevin for all the arranging. I must also thank the Riverside Club for doing such good work on the trail and for making all participants feel at home. The Salomon bibs were very helpful to keep control of runners and the recording of laps. Thank you Jackie for lending these to us for the day.

THE FUTURE

This will definitely be more such challenges. Hopefully we can round up more teams and perhaps bring in a few power walking teams to keep the traffic coming through. Any suggestions you have please feel free to email me with your thoughts. Any pictures you took will also be welcome.

Regards

Buzz



Upcoming Events...

The following events are on the calendar for the next few months:

October 2011

<u>Date and Time</u>	<u>Description</u>	<u>Location</u>	<u>Event</u>
01/10/2011 17:00	ABI Hamilton Night Race	Ladysmith Sports Club (Ladysmith)	21km run/walk
02/10/2011 07:00	Saints Thorntree Challenge	St Charles College (Pietermaritzburg)	15km run, 10km run/walk
02/10/2011 06:00	Goss Balfe South Coast Marathon and Half Marathon	Hutchinson Park (Amazimtoti)	42.2km run, 21.1km run/walk
06/10/2011 18:00	Sportszone/ New Balance Ladies Time Trial	Lahee Park (Pinetown)	4km
08/10/2011 15:00	BHP	Bay Hall (Richards Bay)	15km run, 10km walk
09/10/2011	Gratton Prep Tri-athlon	Brocklee Dam (Eshowe)	Various Swim/ Cycle/ Run
16/10/2011 06:00	Sugar Coast 21	Outspan Ground (Tongaat)	21km run, 10km walk
20/10/2011 18:00	GU/ Durban Runner Time Trial League #9	Lahee Park (Pinetown)	8km, 4km
22/10/2011 06:00	Vusi Nxumalo Half Marathon Run/Walk	Ulundi Regional Sports Ground	21.1km run/walk, 10km run/walk
23/10/2011 06:00	Swift 1/2 Marathon	Hulamin Ground (Camps Drift, Pietermaritzburg)	21.1km Run, 10km run/walk

November 2011

<u>Date and Time</u>	<u>Description</u>	<u>Location</u>	<u>Event</u>
13/11/2011 06:00	Bluff Vets Half Marathon	Fynnlads Combined Sports Club (Bluff)	21.1km run, 15km walk
13/11/2011 07:30	Edendale 10km	FNB Wadley Stadium (Edendale)	10km run/walk, 5km Fun Run
20/11/2011 06:00	Sunkist Run for Fun 10km	Sunkist Life Saving Club (Durban)	10km run/walk, 5km run/walk
23/11/2011 18:00	GU/Durban Runner Time Trial League Final	DHS Old Boys (Durban North)	8km, 4km
26/11/2011 06:00	Sani Stagger	Sani Pass Hotel, Lesotho Border post	42.2km run, 21.1km run
27/11/2011 06:00	Stella Tribute 15km run/walk	Stella Sports Club (Durban)	15km run/walk

December 2011

<u>Date and Time</u>	<u>Description</u>	<u>Location</u>	<u>Event</u>
04/12/2011 06:00	Bearingman Stainbank Cup	Yellowwood Park Sports Club	15km run/walk
04/12/2011 06:00	The Spares Shop Heatonville run/walk & MTB Challenge	Addison Park (Empangeni)	19km run/walk
11/12/2011 06:00	Illovo Sugar 15km Christmas Challenge	Westville Athletic Club	15km run/walk
16/12/2011 06:00	KwaZulu Weavers Summer Holiday Run/Walk	Bergville Primary School	23km run/walk
18/12/2011 06:00	Calder Sulin 10km Run/walk	Kings Park Athletics Stadium	10km run/walk

The Pub-to-Pub Christmas run and the annual Christmas party will be held during December. Check out our website and regular email updates for more information on these event.